



washtenaw
DISTRICT DENTAL SOCIETY

WDDS NEWSLETTER

November 2022

WDDS

Volume 27, Issue 2

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FUTURE MEETING DATES

November 7, 2022. "Dental Sleep Medicine at the University of Michigan." Geoffrey Gerstner, DDS, MS, PhD, ABDSDM. Weber's Inn. 6:15pm.

January 9, 2023. "Prevention Strategies for Back and Neck Pain." David Oliver, PT, OCS, Dip MDT. Weber's Inn. 6:15pm

February 2023. Nite-Out Event. TBD

March 13, 2023. "WDDS General Business Meeting. MDA Update & Built to Last: It's Time to Care of Yourself First, Not Your Patients." Weber's Inn. 6:15pm

May 3-6, 2023. MDA Annual session. Devos Place Grand Rapids.

2023 MDA Dues Contest Underway – Win Free Membership for 2024, Other Prizes; Renew by Dec. 31

MDA/ADA/local society dues statements for 2023 have now been mailed – and when you renew your membership by the end of this year you'll automatically be entered into a drawing and be eligible to win some great prizes.

This year the MDA is again offering a very special grand prize – one lucky winner will receive his or her ADA, MDA, and local society dues for 2024 paid for by the MDA! Be sure to renew your membership by Dec. 31, 2022, in order to qualify.

You can also qualify for a contest offering free MDA and local society dues for 2024 by signing up for auto-renewal using automatic bank account withdrawal. When you participate in auto-renew you'll help the MDA avoid credit card fees and reduce time and expense spent processing individual dues payments. See your dues statement for more information.

Other dues contest prizes include:

- ~\$250 cash, courtesy of MDA Insurance.
- ~An e-copy of the *Staff Matters Human Resource System* (a \$149 value).
- ~A \$100 certificate good toward any MDA continuing education course.
- ~MDA Services apparel.

Contest winners will be selected by random drawing in early 2023.



WDDS GENERAL MEETING: MONDAY, NOVEMBER 7, 2022

WEBER'S INN

3050 JACKSON RD

ANN ARBOR, MI 48103

“Dental Sleep Medicine at the University of Michigan”

PRESENTED BY:

Geoffrey E. Gerstner, DDS, MS, PhD, D.ABDSM

6:15PM REGISTRATION/SOCIAL TIME 7:00 DINNER & ANNOUNCEMENTS, 7:30 PROGRAM

PLEASE REGISTER ONLINE BY OCTOBER 31. HANDS FREE SIGN IN & NAME TAG PICK UP FOR ALL WILL BE AT THE REGISTRATION TABLE

NO COST to WDDS ACTIVE & ASSOCIATE MEMBERS, AND DENTAL STUDENTS

\$35.00 LIFE, RETIRED AND LIMITED TIME PRACTICE MEMBERS

\$45.00 NON-DENTIST GUEST FEE

\$100 NON MEMBER DDS's FEE

CE CREDITS: 1.0

Speaker Bio:

Dr. Geoffrey Gerstner has earned an impressive CV. He holds a BS in Zoology from BYU, where he became interested in animal behavior and mammalogy. After graduating, he enrolled in a dual MS-DDS degree program at UCLA. As an MS student, he studied motor control in a guinea pig model of tardive dyskinesia and became interested in the nature of time and temporality in motor behavior. After completing the DDS and MS, he pursued further graduate training through an individual NIH Dentist Scientist Award. He studied Orofacial Pain management as the clinical component, and he obtained a PhD in Neuroscience, during which time he did comparative behavior studies of mammals. Dr. Gerstner's current research focuses on chewing rhythmicity in mammals and on clinical studies related to obstructive sleep apnea. Dr. Gerstner's clinical practice is limited to treating obstructive sleep apnea patients.

Course Overview:

The course will cover dental sleep medicine content which is currently being taught by the University of Michigan School of Dentistry at the pre-doc and post-doc levels. It will inform attendees how the instruction at the UM is likely to grow and and impact practicing dentists.

Course Objectives:

- Gain an understanding of dental sleep medicine.
- Understand how to screen patients at risk for obstructive sleep apnea.
- Understand sleep physiology and pathophysiology as it pertains to obstructive sleep apnea.
- Understand the role of dentistry in managing obstructive sleep apnea in patients.



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ADA C-E-R-P® | Continuing Education
Recognition Program

WDDS GENERAL MEETING: MONDAY January 9, 2023

WEBER'S INN

3050 JACKSON RD

ANN ARBOR, MI 48103

"Prevention Strategies for Back and Neck Pain"

PRESENTED BY:

David Oliver, PT, OCS, Dip. MDT

6:15PM REGISTRATION/SOCIAL HOUR, 7:00 DINNER & ANNOUNCEMENTS, 7:30 PROGRAM

PLEASE REGISTER ONLINE BY JANUARY 2, 2023. HANDS FREE SIGN IN & NAME TAG PICK UP FOR ALL WILL BE AT THE REGISTRATION TABLE.

NO COST to WDDS ACTIVE, LIFE WORKING & ASSOCIATE MEMBERS

NO COST to DENTAL STUDENTS

\$35.00 to RETIRED MEMBERS

\$45.00 NON-DENTIST GUEST FEE

\$100 NON MEMBER DDS's FEE

CE CREDITS: 1.0

Speaker Bio

David Oliver, PT, OCS, Dip. MDT received his degree from the University of Bradford, School of Physiotherapy in the United Kingdom in 1993. After working for several years in the United Kingdom, he moved to Ann Arbor, Michigan. Mr. Oliver attained his Diploma in Mechanical Diagnosis and Therapy through The McKenzie Institute International in 2003 and was appointed Teaching Faculty by The McKenzie Institute in 2005 and later appointed Senior Faculty for the Institutes US Branch in 2013.

Dave also completed the American Physical Therapy Associations 'Orthopedic Clinical Specialist' (OCS) program in 2018. In addition to his Institute teaching responsibilities, Dave sits on The McKenzie Institute's Exam Review Committee and faculty mentoring program. He has been active in research related to the McKenzie Method and has had the opportunity to present at several MDT Conferences of the Americas (2010-2018) and International Conferences in MDT (2009 & 2012). Dave is currently in full time clinical practice at Plymouth Physical Therapy Specialists in Ann Arbor, MI. He's an avid golfer who enjoys spending family time with his wife and two daughters. Dave Oliver has been a member of the American Physical Therapy Association since 2004.

Course Overview:

Review common causes for spinal pain and discuss easy preventative strategies to keep your spine happy and healthy.

Educational objectives:

- For participants to be able to implement simple strategies to maintain the health of their spines.



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NEWS FROM MDA INSURANCE AND MDA SERVICES

Employee Retention Tax Credit Available

Your practice may be eligible to receive an employee retention tax credit of up to \$26,000 per employee. In general, practices closed due to a COVID-19-related mandate, or that experienced decreased revenues, a supply chain disruption or a COVID-19 event, may be able to claim the ERTC. It is available to businesses that received forgiven Paycheck Protection Program loans, in some cases.

The MDA endorses Dental Business Specialists, part of the DBS Companies, to assist members in filing for the ERTC. For assistance, submit the form at mdaprograms.com/erc/ or call DBS at 800-327-2377.

Open Enrollment Underway

Open enrollment for the MDA Health Plan is now underway, and the time to purchase individual health plans and Medicare Advantage plans starts soon. Open enrollment is when people can select a different health care plan for 2023, and add other eligible family members to their plans if permitted.

Please review and note the following open enrollment periods:

- MDA Health Plan: Begins Oct. 15 and concludes Nov. 30.
- Individual Health Insurance: Begins Nov. 1 and ends Dec. 15, for Jan. 1 effective date. The last day to enroll in an individual health plan for 2023 is Jan. 15, 2023.
- Medicare Open Enrollment: Begins Oct. 15 and ends Dec. 7.

Contact MDA Insurance at 877-906-9924 or visit mdaprograms.com for help with health insurance and benefit from the concierge service your association-owned insurance agency provides.

Is Your Workers' Compensation Premium Competitive?

Can you reduce your workers' compensation insurance premium for 2023? Let MDA Insurance quote your workers' compensation policy to find out. MDA endorsed carrier Frankenmuth Insurance Co. has reduced rates for six years in a row. You may have opportunities for savings, despite higher payroll costs. Contact commins@mdaifg.com or complete a quote request form online at mdaprograms.com/buy-now/.

Save an Extra 25% on Dental Supplies with Special Code

MDA members who purchase dental supplies from The Dentists Supply Company, or TDSC.com, can take 25% off their **first** order if it is \$300 or more, making savings on the site even richer. Simply apply coupon code **Welcome25** at check-out, and the discount will be applied to your qualifying order. When you create your TDSC.com account, use your organized dentistry membership number to receive the new VIP prices, which are on average 7% lower than the site's already competitive prices.

TDSC.com is endorsed by the MDA to provide savings on the supplies and small equipment brands you trust. Shipping is free on orders over \$99. Most orders are processed the same day they're placed and in-stock products arrive in one or two days.



MEMBER ASSISTANCE PROGRAM

**Helping members and their loved ones
navigate life's everyday challenges
– focused on improving total well-being**

The MDA Member Assistance Program provides you and your family with FREE, professional, confidential help for any kind of problem that affects your life or work. This program is supported by a generous grant from the Michigan Dental Association Foundation and is overseen by the MDA Committee on Peer Review/Health and Well-Being, with services provided by AllOne Health.

If you or someone in your immediate family needs help, get started by speaking with a wellness expert at 800-788-8630, or visit: www.michigandental.org/Assistance. Click the sign up button and enter *mdaeap* for the company code.

The MDA Member Assistance Program can help with:

- Emotional or Stress-Related Problems
- Marital or Family Problems
- Financial and Legal Difficulties
- Substance Abuse
- Problems Related to Work
- Balancing Work/Life Situations

Services Also Include:

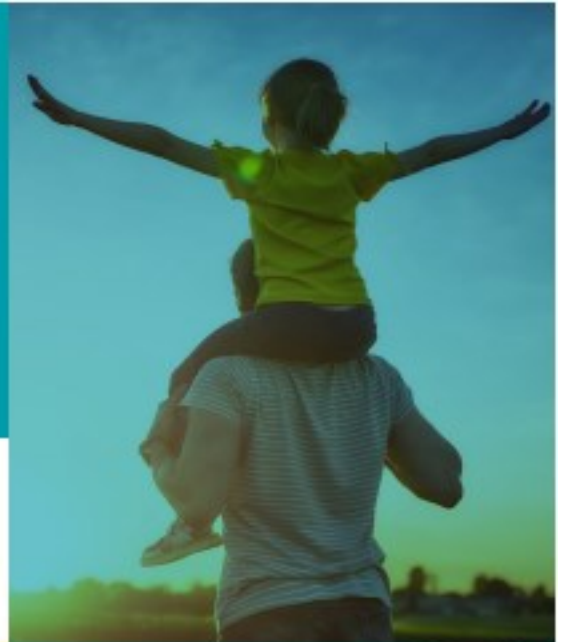
- Life Coaching
- Medical Advocacy
- Work/Life Info and Referral
- Personal Assistant



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Call 800-788-8630 or visit www.michigandental.org/assistance