



washtenaw
DISTRICT DENTAL SOCIETY

WDDS NEWSLETTER

August 2018

WASHTENAW DISTRICT DENTAL
SOCIETY

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FUTURE MEETING DATES

September 21, 2018. "7 Habits for Highly Effective Teams." Dr. Gary DeWood. Washtenaw Community College, Ann Arbor. 9am-4pm.

October 8, 2018. "Silver Diamine Fluoride: History, Science, Research and Clinical Application." Dr. Allison Scully. Weber's Inn. 6:15pm

October 26, 2018. Oral cancer collaborative with St. Joe's

November 12, 2018. "An Effort to Do No (more) Harm: America's Crisis of Well-Intentioned Iatrogenic Addiction and Lessons Learned." Dr. Paul C Lopez. Weber's Inn. 6:15pm.

January 25, 2019. "Cariology" & "Nutrition, Anthropology and Craniofacial Development." Dr. Margherita Fontana & Dr. Kevin Boyd. Weber's Inn. 8am-4pm.

President's Welcome Letter

As I have become more involved with WDDS, first as a member of the Peer Review - Dental Care Committee, then as a WDDS Delegate to the MDA and recently as a member of the Executive Board, I am continually impressed with our local dental society. Time and time again when meeting folks from other districts, I am told how lucky we are to have such involved and committed members, and we are viewed as leaders in organized dentistry across the state. I am proud to be the incoming President of the WDDS and excited to lead the 2018 - 19 year.

fective Practices." We are excited to offer these courses to members and encourage you to sign up now on our webpage:
www.washtenawdentalsociety.org.

Our society is only as good and strong as the members that dedicate their time and energy. Thank you to our Past President, Dr. Dan Edwards for mentoring me and others all while effectively leading us forward. We are indebted to our Executive Director, Barb Kolling. Her depth of knowledge, attention to detail and organization is the backbone of our component. Participating with WDDS is an awarding experience and I encourage you to join a committee, run for Delegate to the MDA or join the Executive Board. Please contact myself at kjdds1@gmail.com, or Barb Kolling at bkolling@washtenawdentalsociety.org when you are interested in joining.

Thank you for your trust in me and I look forward to a great year.

Sincerely,
Kristin Johnson, DDS

2017 - 18 was a terrific year; we had great CE programs and a fun Nite Out together; we volunteered at the Mission of Mercy and GKAS, and we connected with State and local government at the Legislative Breakfast. I am particularly proud of two events this year; WDDS granted its first Scholarship and WDDS received the MDA's 2018 Public Relations Award. Thank you to Sam Malcheff and the Scholarship Committee for working to make the Scholarship Fund a reality. And congratulations to University of Michigan D3 Colleen Cunningham for receiving the 2018 WDDS Student Scholarship. Thank you to Aimee Pickard and the Committee on Dental Health Education for bringing "Chew on This" to the Ann Arbor Hands on Museum.

Last year we conducted a survey of members asking what they wanted from our local dental society. The overwhelming response was quality CE at a good value. Did you know most local dental components charge their members for CE courses? Our program chair, Dr. Ray Maturo has secured sponsorships for our evening programs so that our events are at no charge to members. And he has lined up a great season of CE including topics in Cariology, Nutrition, Addiction, and updates from U of M's Dr. Laurie McCauley and the MDA President, Dr. Deb Peters. In September, Ray is bringing nationally known speaker Dr. Gary DeWood, from The Spear Institute, as part of an all day course, "Seven Habits of Highly Ef-

This is YOUR Dental Society!



CE SEMINAR — Sept. 21, 2018



Seven Habits of Highly Effective Practices



Gary DeWood, DDS, MS

Friday, Sept. 21, 2018 — Washtenaw Community College, Ann Arbor

9 a.m. – 4 p.m. Registration opens at 8:30 a.m. (continental breakfast and lunch provided)

Fee: \$269 dentists; \$139 staff and life retired member dentists; \$369 nonmember dentists
(Free for Washtenaw and Livingston District Dental Society member dentists)

Six CE credits available

This interactive program will discuss seven qualities effective dental teams possess and how these qualities develop behavioral and technical excellence habits that you, too, may achieve with your practice team.

Successful dental practices:

- Know themselves
- Know their patients
- Know what they see
- Know their work
- Apply their knowledge
- Never stop learning
- Continually raise their bar

Course objectives:

- Learn vision/mission/goals and how each applies to the successful practice
- Learn why the practice of your dreams may not be the practice of your dreams
- Learn data identification and recording — ownership and engagement
- Learn how to put data together for diagnosis and planning
- Learn how to put the information together for the patient
- Learn how to help patients ask for optimal care
- Learn when another team is needed — collaborative specialty agreements

This course counts toward the MDA Dental Business Professional (CDBP) certification — communication category. For more information on the MDAs Certified Dental Business Professional program go to <https://www.michigandental.org/CDBP>.

Financial support provided by MDA Insurance, MDA Services, Crest Oral B Professional Oral Health, Ward Dental Lab, and Surgically Clean Air.

Register online at [michigandental.org/CE-Courses](https://www.michigandental.org/CE-Courses) or call 517-346-9408.

Meeting Location Address

Washtenaw Community College

800 E Huron River Dr.
Ann Arbor, MI 48105

Questions? Call 800-589-2632, ext. 408, or email
jmarquardt@michigandental.org.

About the Speaker

Dr. DeWood is the executive vice president of Spear Practice Solutions, the coaching and consulting arm of Spear Education. He maintains a limited private practice in the Spear Faculty Practice as well as lecturing nationally and internationally on the topics of practice management, TMJ diagnosis, and other topics.



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The Effect of Electric Cigarette Smoking, Do We Have Enough Evidence?

Abstract:

Tobacco smoking is a risk factor for patient's medical and dental health including periodontal health. Studies showed more severe periodontal diseases in cigarette smoking (CS) group compared to former or non-smokers. In the past few years, electric cigarettes (EC) became more socially accepted as a safer alternative to tobacco smoking. Further, smokers are using electronic cigarettes as a smoking cessation aid without any scientific evidence to support it. The public notion that these products exhibit no harm is dangerous and misleading. Therefore the current review aimed to evaluate the effects of EC on systemic, oral and periodontal health.

Introduction:

Tobacco smoking is a risk factor for multiple medical conditions including periodontal disease. 1 Smokers have more severe periodontal disease compared to former or non-smokers. 2 The exact mechanism behind the negative effect of smoking on periodontium was extensively discussed in Literature. The studies cite a negative impact of smoking on the periodontium at the microbiological, clinical, and immune system levels. At the microbiological levels, smoking leads to changes in subgingival microflora 3,4, 5 At the clinical level, it modifies the plaque index, 6, 7, bleeding index 8, 9, bone and attachment loss 8, and gingival recession 10. With regard to clinical parameters, smokers were found to have deeper mean probing depth 11,12, 13 increased gingival recession and attachment loss 4. Cigarette smoking is associated with two- to eight-fold increase in risk for attachment and/or bone loss 15. The relationship between smoking and periodontitis is a dose-dependent one where heavier smokers have increased incidence of disease compared to light smokers. 2 The aforementioned changes are a result of the altered response to periodontal therapy as smoking affects neutrophil and fibroblast functions, which in turn may have a negative impact on periodontal wound healing.

Electric cigarettes (EC):

Recently, (EC) are becoming a more socially accepted alternative to tobacco smoking 16, 17 Approximately 40.2% of Americans are aware of EC with high usage among current smokers. Moreover, current college students prefer ES over CS as of common notion of being a safer alternative to tobacco smoking 18, 19. The number of EC users has increased from 4.7% in 2011 to 10% in 2012. The students who reported that they have never smoked traditional CS were 7.2%, while 80.5% of them use both EC & CS 20. It was also reported by the US Surgeon General in 2012 stated that each day 3,800 teenagers under 18 smoke their first cigarette and more than 1,000 teenagers become cigarette smokers 21. Lack of FDA regulations and age restrictions on selling of EC is intimidating and it may lead to a new generation of nicotine and tobacco addicts, 21 and an obstacle to conduct high-quality research.

Environmental Effect:

EC may have a negative effect on the environment and systemic health. The negative impact of EC on the environment (i.e. secondary or tertiary smoking) is not yet clear, due to weak scientific evidence 21, 22. Well designed controlled clinical trials are necessary to examine the influence of EC on the environment. It was reported that EC vapor remnant may be associated with secondary or tertiary smoking 23. However, these results were contradicted by McAuley et al. 2012 as he concluded that the by-products of EC has a minimal amount of pollutants compared to CS. 24

Systemic Effect:

There is inconclusive evidence regarding the negative effect of EC on systemic health as well compared to CS 24. Vansickel et al. 2010 found that EC users had minimal levels of nicotine compared to CS with no effect on heart rate 25. On the contrary, Eissenberg reported that nicotine dosage is variable in EC where it exceeds CS implying a more negative effect 26.

Oral Cavity:

The system effect may involve the whole body with more prominent changes within the oral cavity. Polosa et al 2011 evaluated the adverse oral effects of EC. He concluded that 6% of patients experienced mouth irritation, 8% sore throat and dry mouth and 9% mouth ulcers after 4 weeks. Further, 8% reported a dry cough after 8 weeks and 8% complained of throat irritation and 7% had dry mouth after 24 weeks. 27 Therefore, the incidence of adverse oral effects was small, but it shows that EC use may cause negative effects on the oral cavity. The effect of EC on periodontal diseases and healing has not been researched. More study is needed in order to identify the long-term effects of EC in oral health.

Clinical Application:

Dental practitioners should be aware of Electric Cigarettes and their use among the patients and routinely ask their patients for any history of EC use as part of tobacco use/smoking history. Presently, EC is not approved as a smoking cessation aid by the FDA. Dental practitioners need to educate their patients on this lack of evidence related to EC. Also, should continue to prompt smoking cessation through evidence-based methods, such as counseling and medications.

Conclusion:

There is inconclusive evidence regarding the negative effect of EC on systemic health compared to CS. There is no strong evidence to properly evaluate and assess the negative effect of electronic cigarettes on the periodontium. More studies need to be conducted in order to assess the effects of EC on systemic health and oral health

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WDDS GENERAL MEETING: MONDAY, OCTOBER 8, 2018

WEBER'S INN

3050 JACKSON RD

ANN ARBOR, MI 48103

"Silver Diamine Fluoride: History, Science, Research and Clinical Application"

PRESENTED BY:

Dr. Allison Scully

6:15PM REGISTRATION/SOCIAL HOUR, 7:00 DINNER & ANNOUNCEMENTS, 7:30 PROGRAM

PLEASE REGISTER ONLINE BY OCTOBER 1. SIGN IN, NAME TAGS & CE VOUCHERS FOR GUESTS WILL BE AT THE REGISTRATION TABLE FOR PICK UP.

NO COST to WDDS ACTIVE & ASSOCIATE MEMBERS

\$35.00 LIFE, RETIRED AND LIMITED TIME PRACTICE MEMBERS

\$45.00 NON-DENTIST GUEST FEE

\$100 NON MEMBER DDS's FEE

CE CREDITS: 1.0

Speaker Bio

Dr. Allison Scully Dr. Scully is a board eligible pediatric dentist. She completed a B.S. in Bioengineering at Rice University in Houston, TX, her dental school training at Indiana University School of Dentistry and her pediatric dental residency at University of Michigan. While in Michigan, Dr. Scully spent time treating children at University of Michigan School of Dentistry, C.S. Mott Children's Hospital, Mott Children's Health Center and Hurley Medical Center in Flint. Dr. Scully graduated from University of Michigan with a M.S. and completed her thesis titled "The Effectiveness of Silver Diamine Fluoride as a Treatment for Caries in Comparison to Traditional Restorative Techniques: A 12 Month Randomized Controlled Trial". Dr. Scully now works as a clinical assistant professor in the Pediatric Dentistry department at Indiana University School of Dentistry and Riley Hospital for Children in Indianapolis, IN as well as at Marion General Hospital.

Course Overview:

Learn the history, science & research behind Silver Diamine Fluoride, and how to best utilize it.

Upon completion of this lecture participants should be able to:

1. Define the history of silver products in dentistry
2. Summarize the basic mechanism of action of silver diamine fluoride
3. Understand the current research behind the clinical use of SDF
4. Diagnose proper uses of SDF in practice
5. Prepare clinical team members for in office use



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WDDS GENERAL MEETING: MONDAY, NOVEMBER 12, 2018WEBER'S INN

3050 JACKSON RD

ANN ARBOR, MI 48103

"An Effort to Do No (more) Harm: America's Crisis of Well-Intentioned Iatrogenic Addiction and Lessons Learned"

PRESENTED BY:

Paul C Lopez, DDS, MD**6:15PM REGISTRATION/SOCIAL HOUR, 7:00 DINNER & ANNOUNCEMENTS, 7:30 PROGRAM**

PLEASE REGISTER ONLINE BY NOVEMBER 5. SIGN IN, NAME TAGS & CE VOUCHERS FOR GUESTS WILL BE AT THE REGISTRATION TABLE FOR PICK UP.

NO COST to WDDS ACTIVE & ASSOCIATE MEMBERS**\$35.00 LIFE, RETIRED AND LIMITED TIME PRACTICE MEMBERS****\$45.00 NON-DENTIST GUEST FEE****\$100 NON MEMBER DDS's FEE****CE CREDITS: 1.0** In March 2018, the American Dental Association (ADA) announced a new policy on opioids supporting mandates on prescription limits and continuing education in what could be the first of its kind among major health care professional organizations.

The policy states: The ADA supports mandatory continuing education in prescribing opioids and other controlled substances. · The ADA supports statutory limits on opioid dosage and duration of no more than seven days for the treatment of acute pain, consistent with the Centers for Disease Control and Prevention evidence-based guidelines. · The ADA supports dentists registering with and utilizing Prescription Drug Monitoring Programs (PDMPs) to promote the appropriate use of opioids and deter misuse and abuse.

Speaker Bio:

Dr. Paul C. Lopez attended the University of Connecticut for his undergraduate degree and graduated with a Bachelor of Science in Physiology and Neurobiology. After college, Dr. Lopez chose to continue his education by attending the University of Michigan School of Dentistry, where he earned his Doctorate of Dental Surgery (DDS). Dr. Lopez felt he could give his patients the best experience by furthering his education and knowledge and attending medical school. He earned his medical degree from the University of Michigan Medical School. In addition, he has received specialty training in dental alveolar reconstruction and corrective jaw surgery and received three consecutive U of M Medical School Bronze Beeper Awards — presented to resident physicians who exemplify the high standards of medical student education, leadership, and patient care. He completed his Oral and Maxillofacial residency at the University of Michigan Hospital System. Dr. Paul C. Lopez joined Michigan Oral Surgeons in 2014 after completing his residency in Oral and Maxillofacial Surgery at the University of Michigan Health System. Dr. Lopez originally hails from New York State. He was born in Manhattan and grew up in Yonkers. He gained his first interest in dentistry while working at a neuro-rehabilitation facility. He fell in love with the complexity of restoring both function and aesthetics to the mouth and face. He decided to pursue oral and maxillofacial surgery because he enjoyed the challenge presented by this broad subspecialty and the transformational results that can be achieved. Dr. Lopez is a Board Certified Oral and Maxillofacial Surgeon; he currently serves as the Section Head for Oral and Maxillofacial Surgery in the Department of Surgery at St. Joseph Mercy in Ann Arbor and is on staff at Chelsea Hospital.

Course Overview:

This course will discuss how and the recent prescription writing of narcotics has changed and how it will affect you.

Course Objectives:

Upon completion of this lecture participants should be able to:

- understand basic nature of the current opioid addiction crisis as a social and professional crisis
- understand the basic mechanism of addiction and its nature as a disease
- gain insight in to the role of the well-intentioned practitioner in fueling the current opioid crisis
- awareness of legal efforts to combat the growing opioid addiction crisis
- examining cultural efforts our profession can enact to battle the addiction crisis



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WDDS MEETING-- FRIDAY, JANUARY 25, 2019

WEBER'S INN

3050 JACKSON RD

ANN ARBOR, MI 48103

"Cariology" & "Nutrition, Anthropology and Craniofacial Development"

Presented by: Margherita Fontana, DDS, PhD & Kevin Boyd, DDS, MS

8:15AM CHECK-IN, COFFEE/TEA-9am-4pm 6 CEU LECTURE

PLEASE NOTE: LUNCH IS INCLUDED FROM NOON - 1pm

Staff and dental auxiliaries ~\$80 each participant before Oct 21, 2018. \$125 after Oct 21, 2018

Non Member DDS's \$200 before Oct 21, 2018, \$250 after Oct 21, 2018

All Member DDS's-\$45 before Oct 21, 2018, \$60 after Oct 21, 2018

ALL HYGIENISTS, ASSISTANTS AND OFFICE STAFF ARE INVITED AS WELL AS ALL DENTISTS.
DOCTORS ARE ENCOURAGED TO BRING STAFF MEMBERS
LIMITED SEATING-PLEASE REGISTER BY OCTOBER 21, 2018

AM Speaker Bio

Margherita Fontana, DDS, PhD, holds the position of Professor (tenured) in the Department of Cariology, Restorative Sciences and Endodontics at University of Michigan School of Dentistry. After receiving her dental degree from the Universidad Central de Venezuela (UCV), Caracas Venezuela, in 1990, Dr. Fontana worked as a Research Assistant in the Dental Research Institute, Dental School, UCV for two years, while she also worked in private practice. In 1992 she moved to the United States to pursue her research interests, and in 1996 completed a four-year PhD program in Dental Sciences at Indiana University, Indianapolis, IN. She served in the full time faculty at Indiana University until the Fall of 2009. She currently maintains an Affiliate position at Indiana University. She has always been very involved in teaching (problem based learning, laboratory and didactic) in Cariology in the DDS, postdoctoral and dental hygiene programs. At the University of Michigan she is currently codirector of the cariology I and II courses, and cariology discipline co-coordinator at the School of Dentistry. As a principal investigator, she has received research grants from the National Institute of Health, the Centers for Medicare and Medicaid, the American Association of Pediatric Dentistry, the Delta Dental Fund, DentaQuest, and private industry. Dr. Fontana has lectured as an invited speaker in different countries being recognized for her work in the field of Cariology. She was the first president for the Indiana Chapter of the Hispanic Dental Association, and has been a member for many years of the International Association for Dental Research, the European Organization for Caries Research (ORCA), and the American Society for Microbiology. She was the 2007-2008 President of the Cariology group of the International Association for Dental Research, the 2010-2011 Chair of the Cariology Section of the American Dental Education Association (where she currently serves as councilor), and a Fellow in the 2011-2012 class of the Hedwig van Ameringen Executive Leadership in Academic Medicine (ELAM) Program for Women. In 2012 she received the US Presidential Early Career Award for Scientists and Engineers (PECASE) for her work on caries risk assessment in children.

Course Overview:

The objective of this presentation is to provide an overview of currently accepted, evidence-based and/or expert opinion recommendations for the prevention and management of dental caries in dental practice. Discussions are centered on current concepts for caries lesion detection, including thresholds for caries tissue removal, and a review of caries management interventions for caries disease management in at risk patients.

Course Objectives:

At the end of this program attendees will be able to:

- 1) Discuss current principles for modern caries management and their applications to clinical care
- 2) Compare and contrast the evidence supporting different strategies for the non-surgical management of non cavitated caries lesions (including sealants, fluorides, calcium based strategies and antimicrobials)
- 3) Compare and contrast the evidence supporting different strategies for the non-surgical management of cavitated caries lesions, with a focus on Silver Diamine Fluoride for use in adults and children
- 4) Discuss the advantages and disadvantages of different thresholds for caries removal when considering management of caries lesions

PM Speaker Bio

Kevin Boyd, DDS, MS is a board-certified pediatric dentist practicing in Chicago. He is also an attending instructor in the residency-training program in Pediatric Dentistry at Lurie Children's Hospital where he additionally serves as a dental consultant to the Sleep Medicine service. Prior to completing his dental degree from Loyola University's Chicago College of Dentistry in 1986, he obtained an advanced degree (M.Sc.) in Human Nutrition from Michigan State University where his research interests were focused on unhealthy eating, dental caries, obesity and diabetes. Dr. Kevin Boyd attended the University of Iowa for his post-graduate residency training where he received a Certificate in Pediatric Dentistry in 1988. Dr. Boyd has served on the teaching faculties of the University of Illinois College of Dentistry, the University of Michigan's College of Dentistry, the University of Chicago Hospital, Rush Presbyterian-St. Luke's Medical Center and Michael Reese Hospital as an attending clinical instructor. His strong academic background in nutritional biochemistry has been instrumental in motivating the importance he places on nutrition as being a key component of each child's dental health plan. Since 2012 Dr. Boyd has been a Visiting Scholar at the University of Pennsylvania's Museum of Archaeology and Anthropology where he is conducting research with one of Penn's Orthodontic faculty; their research is focused on human craniofacial morphology of skulls from the pre-industrial Morton Crania Collection.

Course Overview:

The objective of this presentation is to provide an overview of Dr. Boyd's research in Human Nutrition, Anthropology and craniofacial development.

WDDS office line at 734-761-2445 or email bkolling@washtenawdentalsociety.org

Cancellation/Refund Policy: A notice of cancellation is required for this CE programs by December 23, 2017. Refunds will be granted upon written request, less a \$25 administration fee. An email is an acceptable notification.



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Washtenaw District Dental Society

PO Box 2584
Ann Arbor, MI 48106-2584

Phone: 734-761-2445

Email: bkolling@washtenawdentalociety.org

We're on the Web!

www.washtenawdentalociety.org

WDDS Committee Updates

New DDS committee:

- Will continue to utilize MDA's help for lists and social media presence
- Consider older dentists to attend a mentoring/meet & greet with New DDS group
- Be more present on social media
- We would like more dentists to come forward to present cases to the new dentists

Dental Health & Education (GKAS):

- GKAS day will be Saturday March 30, 2019
- Committee will need to apply for grant through the MDA to continue
- Over 40 kids attended the event on 3/31/2018. Care ranged from OHI, prophies, restoration & extractions. 100 volunteers participated.
- Committee would like to improve their outreach to a broader demographic in the community. Need to advertise earlier.
- Familiarize and discuss the committee's purpose and role in the WDDS.

Legislative Committee:

- Our goal is to open dialogue and concerns between our members, our professional organizations, our staff, our patients, and our legislators.

Successes from the past year:

- Record attendance at our breakfast on March 16!
- We had very few members of our actual committee attend, so we will need to work on that for next year. Also, many legislators attended but were late, so we will expect this for next year.

The goal for next year is to coordinate more of an outline with Lynn Aronoff, including approximate time limits for certain discussions, as well as asking members ahead of time what they would like to talk about.

Overall goals for committee (1 yr, 5 yrs, 10 yrs) & how they will strengthen the WDDS/members/community:

1. Have excellent attendance next year
2. Continue to grow attendance at this breakfast so that our members can begin to rely on it for support and even impact how our legislators view our constituency—as reliable, informed, motivated and helpful people in our community (that will take time to develop).
3. Over 1-2 years have more electronic discourse with our committee; include ASDA members who go to Lansing in the Spring? Our goals tend to align... no reason why we all can't work together.
4. At the next meeting obtain specific feedback from legislators, so they would be more likely to attend next year...including whether or not the time/date worked, what else they would do, agenda, etc. Maybe have them fill out a survey?

Report of the WDDS Delegation to the Michigan Dental Association

Dr. Toni Ausum led the Washtenaw Delegation to the MDA House during the Annual Session April 26, 2018 – April 28, 2018 in Lansing, Michigan.

WDDS President, Kristin Johnson, Editor, John Hamerink, Drs. Nancy Urquiola, Wayne and Brett Walcott, Dina Cocco, and Tammy Trullard completed the delegation.

On Thursday, April 26, 2018 the WDDS was awarded the MDA Public Relations Award for its partnership with the MDA, ADA and the Ann Arbor Hands on Museum to bring an interactive display during 2017 to educate children and the public of the importance of Oral Health.

The following Candidates were elected to MDA Offices:

- President Elect: Margaret Gingrich, DDS
- Board of Trustees: Drs. Rhonda Hennessy, Eric Knudsen and Michael Maihoffer to 3 year terms.
- Dr. Jonathan Berns to a 2 year term.

The following Candidates were elected to the ADA Delegation:

- Mark Johnston

-Gabriel Holdwick

-John Kamar

-Alexa Vitek-Hitchcock

The following Candidates were elected alternate Delegates to the ADA:

- Larry DeGroat
- Christopher Gorecki
- Martin Makowski
- Jason Mashni
- Andrew DeHaan
- Norm Palm

The MDA Annual session will meet in Detroit, May 1 – 4, 2019.